

DISCHARGE INSTRUCTIONS CATHETER CARE

In order to continue your care at home, please follow the instructions listed below. You will probably have a catheter for approximately 24 - 36 hours after your surgery.

INSTRUCTIONS

1. Make sure your catheter is properly taped to your thigh (the nurse will have this done when you are discharged).
2. Note the colour of your urine - may be pink tinged. This will gradually clear.
3. SPECIFIC COMPLICATIONS TO WATCH FOR

Call the surgeon or go to the nearest hospital Emergency Department if:

- You notice the urine becoming more bloody and there are blood clots in the tubing.
- If your catheter becomes blocked and you experience discomfort in the bladder area.
- If no urine is coming through the catheter.

4. You may shower, making sure you wash well around catheter.

Males > wash well around the end of the penis.
Females > wash the perineum and labia well.

DO NOT DISCONNECT THE CATHETER FROM THE URINARY BAG

Place the bag on the outside of bath tub/shower stall.

5. It is important to drink large amounts of fluids 12 - 14 glasses per day. This will help remove any blood clots, keep the catheter clear and help prevent urinary tract infection.
6. You will be given instructions regarding the removal of the catheter.
7. FOLLOW-UP CARE

If you require attention following discharge, contact your surgeon and/or your family physician, go to a walk-in clinic, call Health Link BC at 8-1-1, or go to the nearest Emergency Department.